

What does Touchpoint do?

When you are living with any form of disability, it can be very hard to access the services and resources you need to help you live the life you want to live.

This is where Touchpoint comes in.

Our aim is to work with you to:

- 1 understand the goals you'd like to achieve**
- 2 identify the local services and/or community resources that could help you achieve those goals**
- 3 overcome the barriers you're facing to accessing those services and resources.**

When we talk about barriers, we simply mean anything that is getting in the way of you accessing what you want to access.

Barriers are often different for different people and can include anything from a lack of wheelchair access or appropriate materials, to challenges with communication or confidence.

At Touchpoint, all our staff have their own experience of living with disability, so they are experts in understanding the barriers you might be facing, and at thinking of creative ways to work with you to overcome them.

How does Touchpoint work?



Step 1: Referral

To access Touchpoint, we need a completed referral form from you or another organisation.

You can download a referral form from our website or give us a call if you would like a paper copy or need help to complete it.

Step 2: Assessment

If it looks like Touchpoint may be able to help, we will meet with you for an assessment to help us understand you and your situation better, as well as what you'd like to achieve.

Step 3: Working with the Touchpoint Team

If Touchpoint is suitable, you will begin work with one of Touchpoint Peer Workers. This will involve meeting with them regularly as you work together to tackle the barriers you are experiencing to accessing the services and resources you need to achieve your goals.

You may also work with one of our Volunteer Mentors and/or our Welfare Advice Worker.

Step 4: Regular Check-ins

Once your work with us is complete, we will arrange regular check-ins to catch-up with you and check how you are doing.

Who is Touchpoint for?

Touchpoint could be the right service for you if:

You live or work in the **borough of Barnet.**

AND

You feel **disabled** by a physical impairment, mental health issues, deafness, learning disability, and/or long-term condition.

AND

You are finding it **hard to access** the support or resources you need to help you live the life you want to live.

If you are already accessing on-going support from Adult Social Care (for example you live in supported housing) or have an NHS Care Coordinator, this won't be the right service for you.

If you're not sure what type of support you're receiving or whether Touchpoint can help, please feel free to get in touch and we'll be very happy to discuss your situation.

Interested in joining the Touchpoint team as a Volunteer Mentor?

If you would like to support people experiencing disability in Barnet to achieve their goals, we would love to hear from you!

We welcome applications from people with their own experience of disability.

Call, email or register your interest at:

www.inclusionbarnet.org.uk/get-involved

Contact the Touchpoint Team today:

-  www.inclusionbarnet.org.uk
-  touchpoint@inclusionbarnet.org.uk
-  **020 3475 1314**



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Touchpoint

Supporting people experiencing disability in Barnet to access the services and resources they need

Working with:

physical disabilities
mental health issues
deafness

learning disabilities
long-term conditions

The power of experience
 **inclusion
barnet**